



Department of  
Children & Youth  
Help Me Grow

# UNDERSTANDING YOUR CHILD'S DEVELOPMENT

WITH THE



NOW AVAILABLE FOR OHIO  
FAMILIES WITH CHILDREN  
**THROUGH AGE 5**

Help Me Grow offers the **Ages & Stages Questionnaire (ASQ) Online** screening to help parents understand how their child is developing and learn whether there are any concerns.

This developmental screening is **free, short, and easy to complete**. You will only need 10-15 minutes. Screening can identify strengths, uncover new milestones to celebrate, and reveal any areas where your child may need support.

Scan the QR code or visit  
**[www.helpmegrow.org/ASQ](http://www.helpmegrow.org/ASQ)**  
to access the ASQ Online.



# Introducing the sparkler Play for Parenting app!

The Sparkler app has a built-in Ages & Stages Questionnaire that lets you screen developmental milestones quickly and easily. You'll get personalized results and support from a developmental screening specialist.



**Screen today. Shape tomorrow.**

Available on Apple App Store and Google Play.



Access  
Code:  
OH



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