

NOW AVAILABLE FOR OHIO  
FAMILIES WITH CHILDREN  
THROUGH AGE 5 VIA THE  
sparkler APP

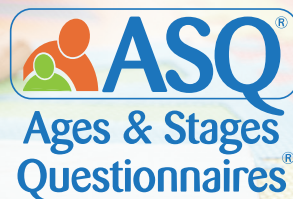


Department of  
Children & Youth

Help Me Grow

## UNDERSTANDING YOUR CHILD'S DEVELOPMENT

WITH THE



Help Me Grow offers the **Ages & Stages Questionnaire (ASQ) Online** screening to help parents understand how their child is developing and learn whether there are any concerns. This developmental screening is **free, short, and easy to complete**. You will only need 10-15 minutes.

Screening can identify strengths, uncover new milestones to celebrate, and reveal any areas where your child may need support. It helps you understand your child's development and know what to look for next.



sparkler

Screening your child's  
developmental milestones  
has never been easier!

The Sparkler app has a built-in ASQ to track developmental milestones quickly and easily. You'll get personalized results and support from a developmental screening specialist. Scan the QR code below!



**Screen today. Shape Tomorrow.**

Available on Apple App Store and Google Play.



Access  
Code:  
OH

[www.helpmegrow.org/ASQ](http://www.helpmegrow.org/ASQ) · [asq@helpmegrow.org](mailto:asq@helpmegrow.org)