Do you live in Huron County? Or are you having a baby at Fisher-Titus?

Family Connects Ohio

Part of the Help Me Grow system of supports

The first few days and weeks home with a newborn can be a challenging time for everyone. Let Family Connects Ohio lend a helping hand.

Help Me Grow is proud to partner with Fisher Titus Medical Center and Family Connects International to provide all families who live in Huron County and/or those who give birth at Fisher Titus (but live in surrounding counties) an in-home visit from a nurse who will offer support, guidance, and connections to additional resources—at no cost to you.

Help for baby

- Baby health check
- Infant feeding and fussiness
- Bathing, diapering and swaddling
- Safe sleep

Help for mom

- Mom's health check
- Breastfeeding support
- Family planning advice
- Post-partum depression screening

Help for family

- Scheduling doctor's appointments
- Understanding child care options
- Early literacy information
- Community connections

Scan the QR code to learn more and enroll today!



Have more questions? Please call (440) 389-3322 or email hmgreferrals@helpmegrow.org.





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