

Do You Live in Noble or Guernsey County?

Family Connects Ohio

Part of the Help Me Grow system of supports

The first few days and weeks home with a newborn can be a challenging time for everyone. Let Family Connects Ohio lend a helping hand.

Help Me Grow is proud to partner with the Noble County and Cambridge-Guernsey County Health Departments and Family Connects International to provide an in-home visit from a nurse who will offer support, guidance, and connections to additional resources—at no cost to you.

Help for baby

- Baby health check
- Infant feeding and fussiness
- Bathing, diapering and swaddling
- Safe sleep

Help for mom

- Mom's health check
- Breastfeeding support
- Family planning advice
- Post-partum depression screening

Help for family

- Scheduling doctor's appointments
- Understanding child care options
- Early literacy information
- Community connections

Scan the QR code to learn more and enroll today!



Have more questions? Please call (740) 371-3322 or email hmgreferrals@helpmegrow.org.

TEAM

Noble County



Shari Rayner, RN
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Emily Dudley, RN
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Cambridge-Guernsey County



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Public Health
Prevent. Promote. Protect.
Cambridge-Guernsey County



Department of
Children & Youth

Help Me Grow Home Visiting