



# Department of Children & Youth

Help Me Grow

(419) 665-3322  
[www.helpmegrow.org](http://www.helpmegrow.org)



Help Me Grow is a system of supports for pregnant women, caregivers with new babies, and families with young children with developmental delays and disabilities.



## Are you pregnant or caring for a new baby at home?

Home Visiting is a voluntary, home-based program offered at no cost to families. Home visitors use a compassionate approach that empowers parents with skills, tools, and confidence to nurture the healthy growth of a child through the earliest years – a critical time of development.

### WHAT CAN YOU EXPECT?

Home visitors connect families to resources that help with basic needs; answer questions about parenting and child health; and provide information and screenings to support a healthy pregnancy and early childhood.

### BENEFITS OF HOME VISITING:

Home Visiting is shown to improve health outcomes for both pregnant women and babies, strengthen parent-child relationships, and increase school readiness.

## Concerned about your child's development? Act early!

Early Intervention supports families of children birth to age three with developmental delays or disabilities so they have the best start in life. If you're concerned that a child may have a delay or disability, it's important to refer them for Early Intervention as early as possible.

### WHAT CAN YOU EXPECT?

Early Intervention professionals work with a child's family to identify strengths and needs and address developmental concerns as early as possible. Services are provided where families live, play, and spend their day.

### BENEFITS OF EARLY INTERVENTION:

Early Intervention can address all types of developmental concerns. Early support can reduce the need for services later in life.



## Home Visiting Providers

### **CRAWFORD COUNTY:**

- Crawford County Health District

### **DEFIANCE COUNTY:**

- Henry County Health Department

### **FULTON COUNTY:**

- Henry County Health Department

### **HANCOCK COUNTY:**

- Hancock Public Health

### **HENRY COUNTY:**

- Henry County Health Department

### **LUCAS COUNTY:**

- East Toledo Family Center
- Mercy Health St. Vincent Medical Center
- Neighborhood Health Association, Inc
- ProMedica Toledo Children's Hospital

### **OTTAWA COUNTY:**

- East Toledo Family Center

### **PAULDING COUNTY:**

- Henry County Health Department

### **PUTNAM COUNTY:**

- Putnam County Educational Service Center

### **SANDUSKY COUNTY:**

- Sandusky County Public Health

### **SENECA COUNTY:**

- East Toledo Family Center

### **VAN WERT COUNTY:**

- Van Wert General Health District

### **WILLIAMS COUNTY:**

- Henry County Health Department

### **WOOD COUNTY:**

- Hancock Public Health
- Mercy Health St. Vincent Medical Center

### **WYANDOT COUNTY:**

- Wyandot County Public Health

## Early Intervention Providers

### **CRAWFORD COUNTY:**

- Crawford County Health District

### **DEFIANCE COUNTY:**

- Defiance County Board of Developmental Disabilities

### **FULTON COUNTY:**

- Fulton County Board of Developmental Disabilities

### **HANCOCK COUNTY:**

- Blanchard Valley Schools

### **HENRY COUNTY:**

- Henry County Board of Developmental Disabilities

### **LUCAS COUNTY:**

- Lucas County Family and Children First Council

### **OTTAWA COUNTY:**

- Ottawa County Board of Developmental Disabilities

### **PAULDING COUNTY:**

- Paulding County Board of Developmental Disabilities

### **PUTNAM COUNTY:**

- Putnam County Educational Service Center

### **SANDUSKY COUNTY:**

- Sandusky County Board of Developmental Disabilities

### **SENECA COUNTY:**

- Seneca County Opportunity Center

### **VAN WERT COUNTY:**

- Van Wert County Board of Developmental Disabilities

### **WILLIAMS COUNTY:**

- Williams County Board of Developmental Disabilities

### **WOOD COUNTY:**

- Wood County Board of Developmental Disabilities

### **WYANDOT COUNTY:**

- Wyandot County Family and Children First Council