



Department of Children & Youth

Help Me Grow

(740) 371-3322
www.helpmegrow.org



Help Me Grow is a system of supports for pregnant women, caregivers with new babies, and families with young children with developmental delays and disabilities.



Are you pregnant or caring for a new baby at home?

Home Visiting is a voluntary, home-based program offered at no cost to families. Home visitors use a compassionate approach that empowers parents with skills, tools, and confidence to nurture the healthy growth of a child through the earliest years – a critical time of development.

WHAT CAN YOU EXPECT?

Home visitors connect families to resources that help with basic needs; answer questions about parenting and child health; and provide information and screenings to support a healthy pregnancy and early childhood.

BENEFITS OF HOME VISITING:

Home Visiting is shown to improve health outcomes for both pregnant women and babies, strengthen parent-child relationships, and increase school readiness.

Concerned about your child's development? Act early!

Early Intervention supports families of children birth to age three with developmental delays or disabilities so they have the best start in life. If you're concerned that a child may have a delay or disability, it's important to refer them for Early Intervention as early as possible.

WHAT CAN YOU EXPECT?

Early Intervention professionals work with a child's family to identify strengths and needs and address developmental concerns as early as possible. Services are provided where families live, play, and spend their day.

BENEFITS OF EARLY INTERVENTION:

Early Intervention can address all types of developmental concerns. Early support can reduce the need for services later in life.



Home Visiting Providers

ATHENS COUNTY:

- Integrated Services for Behavioral Health
- The Center for Family Safety and Healing

FAIRFIELD COUNTY:

- Integrated Services for Behavioral Health
- Lancaster-Fairfield Community Action Agency
- Restoring Our Own Through Transformation (ROOTT)

GALLIA COUNTY:

- Gallia-Meigs Community Action Agency
- Integrated Services for Behavioral Health

HOCKING COUNTY:

- Hocking County Board of Developmental Disabilities
- The Center for Family Safety and Healing

JACKSON COUNTY:

- Integrated Services for Behavioral Health
- Ross County Health District
- Vinton County Health Department

LAWRENCE COUNTY:

- South Central Ohio Educational Service Center

MEIGS COUNTY:

- Gallia-Meigs Community Action Agency
- Integrated Services for Behavioral Health

PICKAWAY COUNTY:

- Integrated Services for Behavioral Health

PIKE COUNTY:

- Pike County Board of Developmental Disabilities

ROSS COUNTY:

- Ross County Health District

SCIOTO COUNTY:

- South Central Ohio Educational Service Center

VINTON COUNTY:

- Vinton County Health Department

Early Intervention Providers

ATHENS COUNTY:

- Hopewell Health Centers

FAIRFIELD COUNTY:

- Lancaster-Fairfield Community Action Agency

GALLIA COUNTY:

- Gallia County Board of Developmental Disabilities

HOCKING COUNTY:

- Hocking County Board of Developmental Disabilities

JACKSON COUNTY:

- South Central Ohio Educational Service Center

LAWRENCE COUNTY:

- Lawrence County Board of Developmental Disabilities

MEIGS COUNTY:

- Meigs County Department of Job and Family Services

PICKAWAY COUNTY:

- Pickaway County Board of Developmental Disabilities

PIKE COUNTY:

- Pike County Board of Developmental Disabilities

ROSS COUNTY:

- Ross County Board of Developmental Disabilities

SCIOTO COUNTY:

- South Central Ohio Educational Service Center

VINTON COUNTY:

- Hocking County Board of Developmental Disabilities