



(419) 665-3322
www.helpmegrow.org



Help Me Grow is a system of supports for pregnant women, caregivers with new babies, and families with young children with developmental delays and disabilities.



Ohio

Department of Health

Are you pregnant or caring for a new baby at home?

Home Visiting is a voluntary, home-based program offered at no cost to families. Home visitors use a compassionate approach that empowers parents with skills, tools, and confidence to nurture the healthy growth of a child through the earliest years – a critical time of development.

WHAT CAN YOU EXPECT?

Home visitors connect families to resources that help with basic needs; answer questions about parenting and child health; and provide information and screenings to support a healthy pregnancy and early childhood.

BENEFITS OF HOME VISITING:

Home Visiting is shown to improve health outcomes for both pregnant women and babies, strengthen parent-child relationships, and increase school readiness.



Ohio

Department of Developmental Disabilities

Concerned about child development? Act early!

Early Intervention supports families of children birth to age three with developmental delays or disabilities so they have the best start in life. If you're concerned that a child may have a delay or disability, it's important to refer them for Early Intervention as early as possible.

WHAT CAN YOU EXPECT?

Early Intervention professionals work with a child's family to identify strengths and needs and address developmental concerns as early as possible. Services are provided where families live, play, and spend their day.

BENEFITS OF EARLY INTERVENTION:

Early Intervention can address all types of developmental concerns. Early support can reduce the need for services later in life.



Ohio

Department
of Health

Home Visiting Providers

CRAWFORD COUNTY:

- Crawford County Health District

DEFIANCE COUNTY:

- Henry County Health Department

ERIE COUNTY:

- Erie County Board of Developmental Disabilities

FULTON COUNTY:

- Henry County Health Department

HANCOCK COUNTY:

- Hancock Public Health

HENRY COUNTY:

- Henry County Health Department

HURON COUNTY:

- Huron County Board of Developmental Disabilities

LUCAS COUNTY:

- East Toledo Family Center
- Mercy Health St. Vincent Medical Center
- Neighborhood Health Association, Inc
- ProMedica Toledo Children's Hospital

OTTAWA COUNTY:

- East Toledo Family Center

PAULDING COUNTY:

- Henry County Health Department

PUTNAM COUNTY:

- Putnam County Educational Service Center

SANDUSKY COUNTY:

- Sandusky County Public Health

SENECA COUNTY:

- East Toledo Family Center

VAN WERT COUNTY:

- Van Wert General Health District

WILLIAMS COUNTY:

- Henry County Health Department

WOOD COUNTY:

- Hancock Public Health
- Mercy Health St. Vincent Medical Center

WYANDOT COUNTY:

- Wyandot County Public Health



Ohio

Department of
Developmental Disabilities

Early Intervention Providers

CRAWFORD COUNTY:

- Crawford County Health District

DEFIANCE COUNTY:

- Defiance County Board of Developmental Disabilities

ERIE COUNTY:

- Erie County Board of Developmental Disabilities

FULTON COUNTY:

- Fulton County Board of Developmental Disabilities

HANCOCK COUNTY:

- Blanchard Valley Schools

HENRY COUNTY:

- Henry County Board of Developmental Disabilities

HURON COUNTY:

- Huron County Board of Developmental Disabilities

LUCAS COUNTY:

- East Toledo Family Center
- Family and Child Abuse Prevention Center

OTTAWA COUNTY:

- Ottawa County Board of Developmental Disabilities

PAULDING COUNTY:

- Paulding County Board of Developmental Disabilities

PUTNAM COUNTY:

- Putnam County Educational Service Center

SANDUSKY COUNTY:

- Sandusky County Board of Developmental Disabilities

SENECA COUNTY:

- Seneca County Opportunity Center

VAN WERT COUNTY:

- Van Wert County Board of Developmental Disabilities

WILLIAMS COUNTY:

- Williams County Board of Developmental Disabilities

WOOD COUNTY:

- Wood County Board of Developmental Disabilities

WYANDOT COUNTY:

- Wyandot County Family and Children First Council