



(740) 371-3322  
www.helpmegrow.org



Help Me Grow is a system of supports for pregnant women, caregivers with new babies, and families with young children with developmental delays and disabilities.



### **Are you pregnant or caring for a new baby at home?**

Home Visiting is a voluntary, home-based program offered at no cost to families. Home visitors use a compassionate approach that empowers parents with skills, tools, and confidence to nurture the healthy growth of a child through the earliest years – a critical time of development.

#### **WHAT CAN YOU EXPECT?**

Home visitors connect families to resources that help with basic needs; answer questions about parenting and child health; and provide information and screenings to support a healthy pregnancy and early childhood.

#### **BENEFITS OF HOME VISITING:**

Home Visiting is shown to improve health outcomes for both pregnant women and babies, strengthen parent-child relationships, and increase school readiness.

### **Concerned about child development? Act early!**

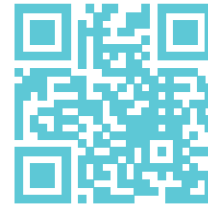
Early Intervention supports families of children birth to age three with developmental delays or disabilities so they have the best start in life. If you're concerned that a child may have a delay or disability, it's important to refer them for Early Intervention as early as possible.

#### **WHAT CAN YOU EXPECT?**

Early Intervention professionals work with a child's family to identify strengths and needs and address developmental concerns as early as possible. Services are provided where families live, play, and spend their day.

#### **BENEFITS OF EARLY INTERVENTION:**

Early Intervention can address all types of developmental concerns. Early support can reduce the need for services later in life.



## Home Visiting Providers

### ATHENS COUNTY:

- Integrated Services for Behavioral Health
- The Center for Family Safety and Healing

### FAIRFIELD COUNTY:

- Integrated Services for Behavioral Health
- Lancaster-Fairfield Community Action Agency
- Restoring Our Own Through Transformation (ROOTT)

### GALLIA COUNTY:

- Gallia-Meigs Community Action Agency
- Integrated Services for Behavioral Health

### HOCKING COUNTY:

- Hocking County Board of Developmental Disabilities
- The Center for Family Safety and Healing

### JACKSON COUNTY:

- Integrated Services for Behavioral Health
- Ross County Health District
- Vinton County Health Department

### LAWRENCE COUNTY:

- South Central Ohio Educational Service Center

### MEIGS COUNTY:

- Gallia-Meigs Community Action Agency
- Integrated Services for Behavioral Health

### PICKAWAY COUNTY:

- Integrated Services for Behavioral Health

### PIKE COUNTY:

- Pike County Board of Developmental Disabilities

### ROSS COUNTY:

- Ross County Health District

### SCIOTO COUNTY:

- South Central Ohio Educational Service Center

### VINTON COUNTY:

- Vinton County Health Department

## Early Intervention Providers

### ATHENS COUNTY:

- Hopewell Health Centers

### FAIRFIELD COUNTY:

- Lancaster-Fairfield Community Action Agency

### GALLIA COUNTY:

- Gallia County Board of Developmental Disabilities

### HOCKING COUNTY:

- Hocking County Board of Developmental Disabilities

### JACKSON COUNTY:

- South Central Ohio Educational Service Center

### LAWRENCE COUNTY:

- Lawrence County Board of Developmental Disabilities

### MEIGS COUNTY:

- Meigs County Department of Job and Family Services

### PICKAWAY COUNTY:

- Pickaway County Board of Developmental Disabilities

### PIKE COUNTY:

- Pike County Board of Developmental Disabilities

### ROSS COUNTY:

- Ross County Board of Developmental Disabilities

### SCIOTO COUNTY:

- South Central Ohio Educational Service Center

### VINTON COUNTY:

- Hocking County Board of Developmental Disabilities